

## Uses

- **Supports Healthy Brain Function in Children and Adults\***
  - ✓ Improving Behaviour\*
  - ✓ Attention and Concentration\*
- **Supports Maintenance of Brain Health and Function in Older Individuals\***
  - ✓ Feeling more 'Switched on'\*
  - ✓ Counteracting Loss of Function with Age\*
- **Additional Benefits\***
  - ✓ Strong Anti-oxidant\*
  - ✓ Supports Cardiovascular Health\*

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

ENZO Professional is available from clinics and selected health shops with qualified health professionals, or online at [www.enzo.co.nz](http://www.enzo.co.nz).

Find your nearest supplier at:  
[www.enzoprofessional.com](http://www.enzoprofessional.com)

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### Paediatrician comment about Enzogenol:

"Enzogenol is a safe and effective alternative for children with hyperactivity and problems concentrating. I have noticed improvements in my patients within a few weeks of starting this potent antioxidant. Parents and teachers consistently report that the children are calmer and more focused. I recommend a trial of Enzogenol for any child with features of ADHD or autism." Dr Leila Masson, biomedical paediatrician, Auckland

### Parents comments about Enzogenol's effects in their children:

"We noticed changes within a week. Jordan is a whole lot calmer and less irritable. His reading has improved amazingly. We finally have hope." Cardro Family

"Drew is less hyperactive, more attentive and calm. Concentration is better. He wants to interact with other people, and responds to people talking to him. He is much more aware of what is going on around him." Morris Family

### User comments about Enzogenol's effects on brain functions:

"My ability to communicate, my memory and my concentration are all back to where they were before my head injury entirely thanks to the Enzogenol." Ruth G, PhD, Tauranga

"My ability to concentrate and multi-task is hugely improved with the Enzogenol. Usually I take four caps in the morning, but taking another four in the afternoon I can sustain working all night." Mike G, Head of School of Applied Technology, Tauranga

### User comments about Enzogenol:

"This year I was able to try Enzogenol (Enzo Professional) for a period of 6 weeks. After starting the course, I was free of migraine for a month. This represented my first migraine-free time for the past 6 years. Thanks so much, I continue to do really well on Enzo Professional (2 caps am & pm) averaging only one migraine per 6 to 8 weeks, and they are milder." Zoi Papatheodorou, Melbourne



ENZO Nutraceuticals Ltd is a proud supporter of the ADHD Association Inc., New Zealand

ENZO Professional is available to members directly from the ADHD Association, [www.adhd.co.nz](http://www.adhd.co.nz).

# ENZO: PROFESSIONAL



## Professional Strength

# Enzogenol®

New Zealand Pine Bark Extract

Supporting Healthy Brain Function  
in Kids and Adults\*

- ✓ Healthy Attention Levels\*
- ✓ Healthy Activity Levels\*
- ✓ Healthy Behaviour\*



Highly Effective  
Dose Level:

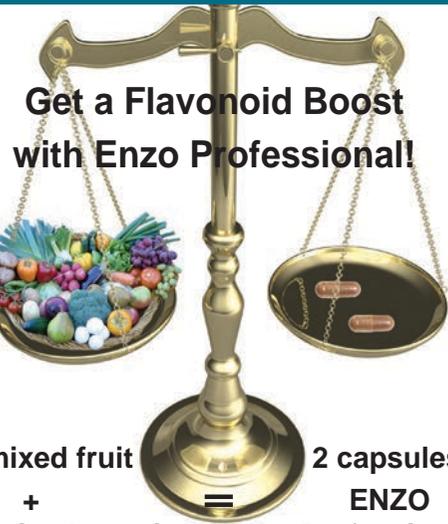
**240 mg Enzogenol**  
per vege capsule

No additives or preservatives!

Suitable for Vegetarians &  
Diabetics.

[www.enzogenol.com/ADHD](http://www.enzogenol.com/ADHD)

# Understanding the Basics



Get a Flavonoid Boost with Enzo Professional!

1kg mixed fruit + 2.6kg mixed veggies = 2 capsules ENZO Professional

## Diet and Health

Food has profound effects on our physical and mental health. A diet rich in fruits and vegetables and low in refined sugars and processed foods is important for healthy growth and development, in particular, for the health and proper functioning of the brain. Long-term it has important protective effects against many chronic diseases including Alzheimer, heart disease, and cancer.

## Flavonoids

An important component in our diet are the plant micro-nutrients called flavonoids which have many health promoting effects. Flavonoids function as natural anti-oxidants and anti-inflammatories, and have beneficial effects for the nervous, and cardio-vascular systems, and for the gut and our gut flora.

## Best Sources of Flavonoids

In addition to fruits and veggies, pine tree bark contains large amounts of flavonoids, which is why it has been used in many traditional medicines.

## ENZO Professional

is a highly concentrated source of flavonoids containing 240 mg of Enzogenol pine bark extract in each capsule. Flavonoids in Enzogenol are extracted from the bark with a water-only method maintaining the full activity and integrity of the flavonoid compounds which guarantees the high potency of ENZO Professional.

# Enzogenol Research

Clinical nutrition studies show Enzogenol supports:

- ✓ Healthy cognitive function
- ✓ Reduced migraine frequency & severity
- ✓ Low oxidation levels
- ✓ Healthy blood vessel function
- ✓ Healthy blood pressure
- ✓ Healthy inflammatory balance

PHYTOTHERAPY RESEARCH  
*Phytother. Res.* 22, 1168-1174 (2008)  
Published online 5 August 2008 in Wiley InterScience  
(www.interscience.wiley.com) DOI: 10.1002/ptr.2388

## Improved Cognitive Performance after Dietary Supplementation with a *Pinus radiata* Bark Extract Formulation

Andrew Pipingas<sup>1</sup>\*, Richard B. Silberstein<sup>1</sup>, Luis Vitetta<sup>2</sup>, Cindy Van Rooy<sup>1</sup>, Elizabeth V. Harris<sup>1</sup>, Joanna M. Young<sup>1</sup>, Christopher M. Frampton<sup>1</sup>, Avni Sali<sup>1</sup> and Joseph Nastasi<sup>1</sup>



## Enzogenol for cognitive functioning in traumatic brain injury: a pilot placebo-controlled RCT

A. Theadom<sup>a,b</sup>, S. Mahon<sup>a</sup>, S. Barker-Collo<sup>c</sup>, K. McPherson<sup>b</sup>, E. Rush<sup>d</sup>, A. C. Vanda<sup>e,f</sup> and V. L. Feigin<sup>a</sup>

Headache © 2006 by American Headache Society  
Published by Blackwell Publishing ISSN 0017-8748  
doi: 10.1111/j.1526-4610.2006.00454.x

## Use of a Pine Bark Extract and Antioxidant Vitamin Combination Product as Therapy for Migraine in Patients Refractory to Pharmacologic Medication

Sirichai Chayasirisobhon, MD, FAAN

PHYTOTHERAPY RESEARCH  
*Phytother. Res.* 17, 490-494 (2003)  
Published online in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/ptr.1181

## Pilot Study on the Clinical Effects of Dietary Supplementation With Enzogenol®, A Flavonoid Extract of Pine Bark and Vitamin C

Brett Shand<sup>1</sup>\*, Chris Strey<sup>1</sup>, Russell Scott<sup>1</sup>, Zarnia Morrison<sup>1</sup> and Steven Gieseg<sup>2</sup>

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Nutrition Research 23 (2003) 1199-1210

NUTRITION RESEARCH

www.elsevier.com/locate/nutres

Effects of flavonoid extract Enzogenol<sup>®</sup> with vitamin C on protein oxidation and DNA damage in older human subjects

Senti T. Senthilmohan<sup>a,\*</sup>, Jingli Zhang<sup>b</sup>, Roger A. Stanley<sup>b</sup>

# Source, Extraction, Composition

Enzogenol is a 100% natural extract made from the bark of *Pinus Radiata*. These pine trees are sustainably grown in large timber plantations in the Central North Island of New Zealand, and provide consistent high quality starting material for Enzogenol.

The extraction with a specialized method that uses only purified water and bark in the process delivers the unique complex mix of health promoting compounds present in Enzogenol. There are no chemicals of any sort involved in the process, making Enzogenol a truly natural, and highly active health product.

Enzogenol contains all water-soluble flavonoid anti-oxidant and anti-inflammatory compounds present in the pine bark, including oligomeric procyanidins (OPCs), catechins, quercetin, taxifolin, piceatannol, fruit acids and other poly-phenol anti-oxidants.

It is due to this complex mix of natural plant micro-nutrients that Enzogenol has such potent health benefits.

## Support your body naturally and gain Optimum Health with ENZOGENOL!

