

**BEFORE USE, please read this advice.**

Dose children age 3-6: Give one capsule per day in the morning before food. Higher dosing should not be necessary in very young children.

Dose children age 7-12: For the first five days give 1 capsule per day. If symptoms improve maintain this dose. If no improvements are noticed increase dose to 2 capsules per day taken as one dose in the morning before food.

Teenagers and Adults: Take 2 capsules in the morning before breakfast. In cases of severe gut issues more doses may be necessary to affect healthy changes. Additional doses can be taken, 1 or 2 capsules at a time, preferably before lunch and dinner.

How to take Enzo Gut Repair: Preferably, capsules should be swallowed whole since the powder tastes astringent and possibly unpleasant to many people. Preferably, take in the morning before food with a large glass of water (but can also be taken with food). Doses can be split into two or more over the day.

If a child does not swallow capsules you can pull the capsule apart and mix the powder into mashed banana or other fruit. Sweetness masks the astringent taste best. Avoid milk products within 1 hr of taking the capsules since milk proteins may inactivate the product.

Safety: The active compounds in ENZO Gut Repair are naturally part of our diet from pomegranate, tea, soy products, fruits, vegetables, cocoa, and other plant foods. If you notice any adverse reactions to ENZO Gut Repair discontinue the capsules, seek the advice of your health practitioner, and please report the adverse event to ENZO Nutraceuticals Ltd.

Adverse reactions / Precautions: No serious adverse reactions have been reported for the product. Very occasionally an upset in digestion in form of constipation or diarrhea has occurred. This disappeared very soon after stopping the capsules, and often does not reoccur when the capsules were started again at a lower dose.

The population of people with gut problems, like food intolerances, sensitivities, bloating, inflammation, leaky gut syndrome, dysbiosis, and other issues is constantly increasing. These individuals are a very heterogeneous group and may have different underlying problems with their digestive system. Hence, each individual may show quite different reactions and responses to the use of ENZO Gut Repair. If the product does cause you discomfort or makes your problem worse, discontinue the use and seek advice from your health professional.